

# January Events



## BOULDER BOOK STORE FICTION READING GROUP

**Monday, January 9, 7:30 p.m.**

Upon returning to his home in secular Turkey, a poet named Ka discovers two things that will change his life: Ipek, the girl he loved as a child, still lives in the city of Kars, and the community has been stunned by a rash of suicides of zealously religious girls who refused to remove their head scarves while in public. With an investigator's eye, Ka seeks out information about the tragedies from all sources, eventually leading to the man at the eye of the storm, in **ORHAN PAMUK'S** *Snow* (Random House, \$14.95).

## Get on track for the New Year!



### DALE GREENWALD & ERIK MILLER

**Tuesday, January 10, 7:30 p.m.**

*Weight Training By Design* (McGraw Hill, \$18.95) gives you a sound, easy-to-follow, fully customizable program to help you take your workouts further, utilizing the all-new



BAM (Balanced Antagonistic Muscle) Superset. Developed by experienced trainers **DALE GREENWALD & ERIK MILLER**, the BAM Superset combines exercises for opposing muscle groups, helping you accomplish greater gains to your own pace and level. This speeds up your workout, reduces soreness and injury risks, and helps you build muscle mass in no time.



### CYNTHIA MORRIS

**Wednesday, January 11, 7:30 p.m.**

Many books offer advice on getting past writer's block. Others describe the fundamentals of writing. But no one is talking about the whole package: the motivation and the structure behind a writing life designed according to your needs and lifestyle. In *Create Your Writer's Life* (Original

Impulse, \$19.95) **CYNTHIA MORRIS**, Certified Professional Co-Active Coach and writing instructor, guides readers over common writing hurdles, combining the essentials of inspiration and passion with the practicality of "getting it done."



### MARY COLLETTE ROGERS

**Thursday, January 12, 7:30 p.m.**

Tired of chaos in the kitchen, or having the same old things night after night? If you're ready to get off the mealtime treadmill, here's the secret: take control of your kitchen!

With can-do enthusiasm, kitchen coach **MARY ROGERS** shows, step-by-step, how to put often-overlooked tools and strategies into practice in your kitchen, beginning today. *Take Control of Your Kitchen* (Frederick Fell, \$14.95) offers the keys to healthy eating, supporting sustainable agriculture, and helping us achieve our good eating intentions for the New Year.



### DONNA FELLMAN

**Tuesday, January 17, 7:30 p.m.**

*Tea Here Now: Relax & Rejuvenate with a Tea Lifestyle* (Inner Ocean, \$14.95) demonstrates how tea and the simple act of preparing a cup of tea can give drinkers a taste of enlightenment. Written for the average person who wishes to infuse accessible, uncomplicated spirituality and

mindfulness into his or her tea drinking, the book explores the health benefits, spiritual practices, and lifestyle-enhancing properties associated with the world's major blends, in the process creating a practical guidebook for the "tea lifestyle."



### JEFF LONG

**Wednesday, January 18, 7:30 p.m.**

In **JEFF LONG'S** atmospheric, aggressive thriller, veteran climbers Lewis and Hugh reunite to climb a famed mountain one last time and make a fresh start with their tumultuous lives. But they soon discover that the ascent leads into a vertical underworld when they are drawn into a

rescue attempt after disaster strikes three young women on a neighboring route. On this tiny island in the sky, the rescuers become the victims, hounded by some ruthless spirit and caught between the golden summit and terminal velocity, in *The Wall* (Simon & Schuster, \$25.00).



### DAVID CARSON

**Thursday, January 19, 7:30 p.m.**

*Crossing into Medicine Country* (Arcade, \$26.00) is a fascinating narrative of self-discovery. **DAVID CARSON**, co-author of *Medicine Cards* (St. Martin's, \$29.95), tells his story of initiation as a ceremonial healer with the Choctaw medicine woman, Mary Gardener. Through Mary's

teachings, often conveyed in folktales, and through his own, sometimes mind-bending experiences, Carson gives readers a glimpse into an alternative reality, where Western notions of physics do not apply, and health and illness express the balance between man and nature.



## BOULDER BOOK STORE NON-FICTION READING GROUP

**Monday, January 23, 7:30 p.m.**

Welcome to **JULIAN RUBINSTEIN'S** uproariously funny and unforgettable account of crime in the heart of the new Europe. With a cast of characters that includes car wash owners, exotic dancers, drunk Army generals, cocaine-snorting Hungarian rappers, the Johnnie Cochran of Budapest, and a hockey team that seems to spend as much time breaking the law as it does practicing, *The Ballad of the Whiskey Robber* (Little Brown, \$13.95) gives us the most charming outlaw-hero since the Sundance Kid.



### PAM HOUSTON

**Tuesday, January 24, 7:30 p.m.**

From **PAM HOUSTON**, best-selling author of *Cowboys Are My Weakness* (Norton, \$13.95), comes *Sight Hound* (Norton, \$13.95), a very special love story between a woman and her dog, Dante—a wolfhound who teaches "his human" that love is stronger than fear. Dante is the catalyst for change in

other characters as well, and they step forward with their narratives. Here, dogs and humans are simply equal creatures, looking to connect and holding on for dear life when they do.



### DONNA M. JACKSON & LORA ANN VIVAS

**Wednesday, January 25, \*\*6:30 p.m.\*\***

Looking for books that will educate, enlighten, and entertain your kids? The Boulder Book Store is pleased to have two local authors with books that the whole family can enjoy. Filled with poignant stories and behind-the-scenes photographs, **DONNA JACKSON'S** *E.R. Vets* (Houghton Mifflin, \$17.00) follows the drama and excitement of the emergency and critical care unit at one of the country's leading veterinary hospitals and brings to light the courage and compassion it takes to be an ER vet.



### LORA ANN VIVAS' *Seven Stories to Live By*

(LikeMinds, \$16.95) is a charming book filled with delightful stories of children who face real-life dilemmas and choose to make a difference in their world. The young multicultural characters in each story model important life lessons, such as finding the best in ourselves and others and tapping into our own resourcefulness. The stories are inspired by

Deepak Chopra's *Seven Spiritual Laws for Parents*, and kids and adults will be enchanted by the spirited message and lively art that make this book a must-read!



### FRED ANDERSON

**Thursday, January 26, 7:30 p.m.**

The French & Indian War—also popularly known as the Seven Years' War—remains one of the most fascinating, and yet vastly misunderstood, periods in American history. In this official companion to the upcoming PBS documentary miniseries of the same title—*The War That*

*Made America* (Viking, \$25.95)—award-winning historian **FRED ANDERSON** takes readers on a remarkable journey, explaining in rich, revelatory detail how this war helped shape a generation and made America what it is today.



### GARY HART

**Monday, January 30, 7:30 p.m.**

In his latest book, *God and Caesar in America: An essay on Religion and Politics* (Fulcrum, \$9.95), **GARY HART**, former U.S. senator, lawyer, and teacher, outlines the growing danger of religious fundamentalism in America and the potentially dangerous revival of the religious right. Hart

was raised in the Church of the Nazarene and is a graduate of the Yale Divinity School. *God and Caesar* is a critical analysis of the dangers of one minority wing of one religion subverting the political system to its beliefs to ensure political power.



### KIVA WOLFE

**Tuesday, January 31, 7:30 p.m.**

In the vein of Alfred Hitchcock suspense-thrillers and Louis L'Amour action-adventures, **KIVA WOLFE** crafts a delightful, multi-character-driven tale in her debut novel, *Red Flash* (Draumr, \$17.95). Mayhem and double-crosses abound in this smart, sexy, and suspenseful adventure

about an immigrant-American family's lust for gems and the deadly appearance of a fabled diamond. Murder, obsession, betrayal, and a missing shipment of rare tourmalines will rip a family's fragile bond and push two brothers to the edge.

**IF YOU CANNOT ATTEND AN EVENT, BUT WOULD LIKE AN AUTOGRAPHED COPY**, please call us to order one (personalized copies must be prepaid). All events are free and open to the public unless otherwise noted. Events are subject to change or cancellation. Please call us to confirm on the day of the event: (303) 447-2074. Books not purchased at Boulder Book Store will be signed only if time permits.